

NOMINATION FORM

Centre for Advanced Faculty Training in Community Science
Professor Jayashankar Telangana State Agricultural University

21 days Training on

“Counseling Agrarian Families to Combat
Socio Emotional Crises”

29th February to 20th March 2020

1. Name of the University and State:

2. Full Name: (In Block Letters): _____

3. Department and Designation: _____

4. Present employer and address:

5. Correspondence address with pin code:

Phone: Landline _____ Mobile _____

E-mail _____ Fax _____

6. Permanent address with pincode:

7. Date of birth :

8. Sex : Female / Male

9. Marital status : Married / Unmarried

10. Academic Record:

Examination Passed	Subjects	Year of passing	Class/Rank distinctions	University institution	Other information

11. Professional experience and no of years :

Teaching: _____ Research: _____

Extension: _____ Administration: _____

12. Posts held in the past 3 years:

Post	Organisation	Period	Nature of work

13. Current research areas of interest and major field of specialization

14. Number of publications : _____

A: Research Papers : _____

B: Popular Articles : _____

C: Books : _____

D: Instruction Manuals / Others : _____

15. Number of seminars, summer / winter schools / short courses etc attended during the previous years under ICAR / Other organisations :

16. Accomodation required: Yes _____ No _____

Date _____

Place _____ Signature of Applicant

Recommendations of forwarding Institute

Signature with Date :

Seal :

Last date for submission of Nomination form: 22nd February 2020

The Brochure and Nomination form can be downloaded from

www.cafthsc.in / www.cbpicar.gov.in

Note: Only online applications will be accepted hence fill the online applications. For uploading login as www.cbpicar.gov.in
(O) / Fax : 040-24015377

Nomination form to be sent to

Dr. M. Sarada Devi, Professor and University Head
Course Director

Dept. of Human Development and Family Studies, College of
Community Science, PJTSAU, Saifabad, Hyderabad - 500004

For details contact

Course Director and Director CAFT HSc.

Course Director

Dr. M. Sarada Devi

9866309344

saradamyneni@yahoo.com

CAFT-C.Sc. Director

Dr. D. Ratna Kumari

9441274689

adchschyd@gmail.com

Venue:

Centre for Advanced Faculty Training in Home Science

Post Graduate and Research Centre, Community Science

PJTSAU, Rajendranagar, Hyderabad

CENTER FOR ADVANCED FACULTY TRAINING IN COMMUNITY SCIENCE

Training Programme on

**“Counselling Agrarian Families
to Combat Socio Emotional Crises”**

29th February to 20th March 2020

Course Director

Dr. M. Sarada Devi

Professor and University Head

Dept. of HDFs, C.C.Sc, PJTSAU, Hyderabad

Course Co-ordinators

Dr. P. Sreedevi

Assistant Professor

Dept of HDFs, C.C.Sc. PJTSAU, Hyderabad

Mrs.V. Kavitha Kiran

Scientist,

Dept of HDFs, AICRP, Rajendranagar, Hyderabad

Organized by



Faculty of Community Science

Professor Jayashankar Telangana State Agricultural University
Rajendranagar, Hyderabad

2019-20

COUNSELLING AGRARIAN FAMILIES TO COMBAT SOCIO EMOTIONAL CRISES

Introduction :

Counselling is provision of professional assistance and guidance in resolving personal or psychological problems. The world today is witnessing unprecedented escalation of human conflict resulting in unnecessary violence. Economic development, modernization and socialization in recent years have transformed the social and economic order for most societies in the world.

People living under one roof with different needs and personalities tend to face conflicts, like depression, stress, suicidal tendencies and many other stress related issues which require counseling in educational, personal, social, financial, psychological, family and occupational problems. Not only in urban areas the rural population where majority of them from agriculture families have many pressures that come with the territory, from market prices and debt loads to machinery upkeep and repair to weather and dealing with family. And unlike most jobs, farmers can't go home and leave those worries behind.

In this era the training programme on "Counseling Agrarian Families to Combat Socio- emotional Crisis" helps the people to get adjust personally, emotionally and socially to become functional, productive and integrated member of the society.

Hence this training programme planned to train the faculty with the following objectives so that they will in turn able to motivate and guide agrarian families to resolve socio-emotional problems.

General Objectives

To educate the trainees on mastering the skills of counseling and guidance to promote all-round psychological well-being of the clients

Specific Objectives

1. To orient the trainees on the importance of counseling sessions to combat socio-emotional crises.
2. To explain different counseling techniques to enable them to gain counseling skills.
3. To conduct mock counseling sessions to enable the trainees to gain skills of conducting counseling sessions.

Training Faculty

The course content will be covered by the experts of the respective subjects from Professor Jayashankar Telangana State Agricultural University (PJTSAU), National Institute for Empowerment of Persons with Intellectual Disabilities (NIEPID), Banjara Academy, Roshini Counselling Centre and related institutions of repute. The coordination of the programme will be accomplished by the team of Dr. D. Ratna Kumari (CAFT Director), Dr. M. Sarada Devi (Course Director), Dr. P. Sreedevi and Mrs V. Kavitha Kiran (Course Co-ordinators)

Course Content

- * Lecture on introduction to counseling
- * Qualities of good counselor
- * Counseling skills , Counseling techniques
- * Stages of counseling, Process involved in counseling
- * Professionals work in elite areas of counseling, allied disciplines to counseling
- * Cognitive Therapy Skill training, Simulations
- * Affective Therapy Skill training, Simulations
- * Behaviour modification Therapy Skill training, Simulations
- * Types of counselling- Facilitative Counselling, Crisis Counselling, Preventive Counselling Specialized Counselling
- * Facilitative Counselling Skill training, Simulations
- * Crisis Counselling Skill training, Simulations
- * Preventive Counselling Skill training, Simulations
- * Counselling for depression, anxiety and related disorders in Agrarian families, Simulations
- * Conflict resolution skills to combat socio emotion problems, Simulations
- * Survival motivation therapy: For suicidal prone farmers, Simulations
- * Therapy techniques for distressed farmers, Simulations
- * De-addiction therapy for substance abused farmers, Simulations

How do the participating organization benefit

- ❖ Trainees learn the guidelines and modalities of handling psychological problems of agrarian families.
- ❖ Designing different training programmes on dealing with the problematic situation of the agrarian families.
- ❖ Trainees gain counselling skills.
- ❖ Trainees master the counselling skills to offer suitable counselling sessions to the needy families from agriculture sector

Host Faculty

The CAFT-Community Science in PJTSAU is the only centre in India catering to the training needs of the Community Science faculty, viz., Apparel and Textiles, Extension Education and Communication Management, Food Science and Nutrition, Human Development and Family Studies and Resource Management and Consume Sciences. CAFT-Community Science centre has organised many training programmes of 21 days duration over the years to provide advanced knowledge and skills to faculty from state agricultural universities and ICAR institutes.

The training programme on Counseling Agrarian Families to Combat Socio Emotional Crises aims to impart knowledge on counseling, counseling skills, different counseling techniques and counseling therapies. The course provides ideas and practices to combat the socio-emotional crises among agrarian families through counseling.

Invitation to Participants

PJTSAU & CAFT in Home Science extends invitation to faculty of community science and other faculties in SAU's and ICAR institutes involved in teaching, research and extension. Participants are requested to send the duly filled in Nomination forms to the director, CAFT-Community Science on or before July 20th. The lodging, boarding and travel expenses of selected participants will be borne by CAFT-Community Science centre as per ICAR guidelines. Travel expenses will be restricted to AC II sleeper charges of train and will be based on the criteria of the pay scales of the participants. They are requested to submit original travel tickets for reimbursement of TA.

Venue

The training will be takes place at Post Graduate & Research Center, PJTSAU, Rajendranagar, Hyderabad, Telangana State.